Assignment Plan

Week 1.

* Icebreaker
* Stand in line of different sorting e.g. age, name, distance from school
* Group work – 3 things we share in common explore each other’s background
* Counselling
* Challenges of third level

Week 2.

* Self-management for success at third- level
* Emotional intelligence
* Self-motivation & goal setting
* Study skills
* Managing time
* Managing your thinking
* Pitfalls to avoid
* Support
* Icebreaker
* Group work- tell each other about ourselves
* Unique thing about ourselves
* Present it too class
* Social skills i.e. people forgetting social skill due to technology